

**Tentative Schedule. Breakout sessions are subject to change.**

**Monday, February 6, 2012 – 10:00 a.m. – 11:15 a.m.**

**Kim Rollins**, *School Counselor, Northeast Middle School, Clarksville, TN* & **Tammy Smith**, *School Counselor, Northeast Middle School, Clarksville, TN*

**Middle School 101**

As school counselors, we talk to parents every day who are in need of advice on how to parent their middle school student. This presentation gives practical tips for anyone dealing with a middle school student (parents, teachers, etc.). Topics such as academics, behavior, and discipline will be discussed. Those attending the session will be given a copy of the power point to reference as well as be emailed the power point to modify and use at their own school. In addition, participants will receive a copy of additional resources and tips on specific topics such as homework, TV, depression, and stress.

***Grade Level Appropriateness: Middle***

***Audience focus: School Counselors***

**Karen Pitts**, *CTE Coordinator, Clarksville-Montgomery County School System, Clarksville, TN* & **Brenda Scarborough**, *CTE Career Counselor, Clarksville-Montgomery County School System, Clarksville, TN*

**Lights, Camera, CTE**

CTE programs are often misunderstood by parents, students and the community. In an effort to promote our CTE programs and to provide students and parents a snapshot of each of the CTE Programs of Study, we have developed short videos for all 28 CTE Programs of Study in our school district. We will discuss the creation of the videos and how we are using them in our district to increase community awareness and assist 8th grade students and their parents in selecting an appropriate Program of Study for their six-year plan.

***Grade Level Appropriateness: Middle/High***

***Audience focus: School Counselors & Administrators***

**Dr. Carol Dahir**, *Associate Professor, School Counselor Education, New York Institute of Technology*

**The Tennessee Model for Comprehensive School Counseling: How Far Down the Road Have We Come?**

This professional development experience will familiarize principals and school counselors with the components of the Tennessee Model for Comprehensive School Counseling by using “user friendly” tools to work through each of the 4 components of the model (Foundation, Delivery, Management, and Accountability). Aligning current activities with the academic, career, and personal-social development standards, helps you examine your current practice and identify gaps. A timeline to develop your district’s Comprehensive School Counseling Program will be established.

***Grade Level Appropriateness: All***

***Audience focus: School Counselors & Administrators***

**Tip Frank**, *Licensed Professional Counselor, Author, Rock Hill, SC*

**Battling the Blues: Helping Children and Teens with Anxiety and Depression**

Kim “Tip” Frank has had the privilege of helping hundreds of students, formerly as a teacher, and more recently, as a counselor/therapist. His experience includes ADD/ADHD, anxiety disorders, depression, social skills, grief, divorce and separation. This session will address many of these issues, emphasizing childhood and adolescent depression, how to identify and address mood and behavioral disorders, and how and when to make referrals to professionals in the community.

***Grade level session is applicable to: All***

***Audience focus: School Counselors & Administrators***

**Dale Sadler**, *School Counselor, Author, Portland East Middle School, Portland, TN*

### **The Emotional Effects of Video Games on Boys**

Ever wonder why boys aren't particularly interested in much until it comes to their video games? The average boy spends more than thirteen hours a week playing, and it has been proven that video games release dopamine (the pleasure chemical of the brain) in much the same way drugs release it. There is a correlation between boys who play all night, care little about their grades, and are content to live with their parents well into adulthood. In this session, Dale will explain the deeply rooted emotional effects video games have on boys and why apathy is more than just a phase.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Julia Cook**, *Former School Guidance Counselor, Award Winning Author, Speaker, Fremont, NE*

### **Books That Make a Positive Difference**

Julia Cook leads an entertaining discussion on the use of storybooks to offer children and adults a fun way to learn important people skills. Teach your students to become life-long problem solvers! Julia will demonstrate humorous and effective ways to use books on such subjects as anger control, grief, following instructions, tattling, bullying, personal space, interrupting, and personal safety. The writing and publishing process will also be explained - learn to become a published author!

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Tara Brown**, *President/Trainer/Author, Learner's Edge Consulting, Nashville, TN*

### **Brain Rules, Plug In – Turn On: Applying the Latest Brain Research to Our Youth**

The advances over the past 10 years in our understanding of how the brain works and factors that impact learning, have been staggering. This workshop is designed to help introduce educators to this research in a very easy to understand way as well as to provide strategies to implement the information into their classrooms. Some information covered includes: strong connection between stress-emotions and receiving new information, delivery style and its impact on the synapses switches, male and female learning differences, connection between motivation, relationships and learning, humans need to connect and its implications on brain chemistry, the student-teacher relationship and engagement.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Heather Justice**, *Special Projects Coordinator, Tennessee Department of Education, Nashville, TN*

### **Getting Students the Postsecondary Credit They Deserve**

In First to the Top, emphasis is placed not only on the graduation rate, but on postsecondary going rate and college access and success. Statistically, students who participate in college level courses while in high school are more likely to continue their education at the postsecondary level. Career and Technical Education students have many opportunities to earn postsecondary credit before graduating high school. Encourage your students to take part in the dual credit, dual enrollment, and articulation agreements available at the local level and statewide. See how LEAs are partnering with postsecondary institutions to get their students started early.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors & Administrators**

**Lindsey Jordan**, *Service Plan Coordinator, Benton County Schools, Camden, TN*

### **Increasing Graduation Rates with Students Who Have IEPs**

Many school systems face challenges when increasing graduation rates with students who have IEPs. Benton County has implemented a Service Plan Coordinator position to help the system with improving graduation rates. The coordinator works with students starting in the 7th grade to increase their interest in school and improve study habits. During high school the coordinator works with credit recovery and monitors at risk students to ensure that they will graduate with a regular education diploma.

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors**

**Sandy Cole**, *Executive Director, Center for Community Career Education, University of Tennessee*

*Chattanooga, Chattanooga, TN & Jillian Pennyman, Research Assistant, Center for Community Career Education, University of Tennessee Chattanooga, Chattanooga, TN*

### **Postsecondary Awareness with Success (PAWS): An Elementary College Access Program**

It takes 16 years to grow a scientist! Yet, more than 80% of elementary-age children would be the first in their family to attend college. PAWS began in 2007 at Brown Academy in Chattanooga, TN. The program explored ways of introducing 4th and 5th grade students to the possibility of college. Using university students as mentors, children have been exposed to the exciting possibility of college, and the importance of their academic performance from elementary, middle, and high school to college. This session will cover the history, successes, lessons learned and resources now available for use by other schools and non-profits. Attendees will also be able to understand the use of the curriculum designed for this specific purpose by PAWS staff, Achieving the Dream: College Bound!

**Grade Level Appropriateness: Elementary**

**Audience focus: School Counselors**

**Dr. Gay Burden**, *School Improvement Grant Manager, Metro Nashville Public Schools, Nashville, TN*

### **Urban Myths and Realities**

As both urban and suburban communities across the state experience changing racial and ethnic demographics, school leaders are faced with the needs, perspectives, and experiences that students from diverse backgrounds and their families bring to the school. This session will address the myths and realities of a typical urban school. Transformational leadership strategies that respond to the culture issues urban schools face will be shared with participants. Attention and focus will be given to the issues that are most likely to influence the academic success of Black, Latino, and low-income students.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Dr. Lamar Smith**, *School Nutrition Consultant, Tennessee Department of Education, Johnson City, TN*

### **How Academic and Nutritional Collaborations Improve Academic Performance**

My presentation focuses on how administrators and counselors can partner with school nutrition departments to positively impact students' academic performance. A TDOE school nutrition consultant offers suggestions on how academic and nutritional department collaborations can improve standardized test scores. Research will be presented on a universal breakfast program which helped raise Unicoi County, Tennessee fourth grade TCAP scores in math and reading/language arts during the 2007-2008 school year.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Monday, February 6, 2012 – 1:00 p.m. – 2:15 p.m.**

**Lois Barnes**, *Director, State Services for School Improvement, Southern Regional Education Board, Brentwood, TN*

### **Teaching Students Goal Setting: SREB's Habit of Success #5**

Goal setting gives students long-term vision and short-term motivation. Yet critical life skills such as goal setting and planning to reach them seldom have an established place in the high school curriculum. This session will explore ways teachers can help students develop both long-term goals and short-term academic goals, develop plans to achieve them, and monitor completion of goals, revising plans as necessary. Goal setting is one of SREB's six Habits of Success, the attributes successful students possess. Participants will engage in model lessons and activities related to goal setting.

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Dr. Russell Sabella**, *Professor of Counseling, College of Education, Florida Gulf Coast University & President, Sabella & Associates, Fort Myers, FL*

### **Guarding Kids from Harmful Online Content**

The Internet is replete with pornography and websites that support eating disorders, self-injury, suicide, hate, and racism. This presentation overviews both human and technological solutions for blocking, filtering, monitoring, and setting up conditions and consequences for accessing online content.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Dr. Carol Dahir**, *Associate Professor, School Counselor Education, New York Institute of Technology*

### **What School Counselors Need to Know and Be Able to Do About Accountability**

How do we demonstrate our contributions to student success? Many Tennessee school counselors have used MEASURE (TN Model) to show how data informed practice supports school improvement goals. This workshop will review the 6 steps of the MEASURE action plan and provide new and experienced users with strategies that demonstrate school counselor accountability. Bring your school's current report card data to draft your plan.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Tip Frank**, *Licensed Professional Counselor, Author, Rock Hill, SC*

### **Safe Travels Through the Divide: A Journey Toward Healing**

#### **When Parents Separate or Divorce**

This workshop will provide research-based practical tips to help young people and their parents through the divorce or separation process. Topics include the essential needs for youth, proper communication between parents, children's grief, parental alienation syndrome, and more. Workshop attendees will learn how to encourage parents in their ability to co-parent as well as how to encourage young people to cope well and to move forward with their lives.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Dr. Vanessa Barbour**, *School Counselor, Metropolitan Nashville Public Schools, Nashville, TN*

### **“Mountains and Mountains of More and More” – Self Care for Counselors**

This session will begin by spotlighting the growing demands on school counselors. The research suggests that as job demands increase, there is a direct correlation between increasing performance expectations and counselor (self) expectations. Self imposed expectations, school environment, coping resources, and the ineffective utilization of counseling services, among other factors can lead to burnout. Self care and wellness from a holistic approach is essential. Illustrated through personal reflections, personal experiences, the top ten signs and effects of burnout, and the internal and external burnout stages will be identified. The session will culminate with a discussion of realistic prevention strategies.

**Grade Level Appropriateness:** *All*

**Audience focus:** *School Counselors*

**Julia Cook**, *Former School Guidance Counselor, Award Winning Author, Speaker, Fremont, NE*

### **Counselor’s Toolkit**

This is a “give-back” session to YOU - the counselor! Learn how to balance all of your “irons in the fire.” In this presentation, Julia will use common objects to give educators tips on how to navigate each and every day successfully. A simple item - such as a toothpick - helps remind you to “pick” out the good qualities in everyone ... including yourself. What about a “tissue?” A tissue helps remind you to dry someone’s tears - maybe your own - and be aware of the tears of others. You’ll laugh and learn as Julia shares her stories and many insightful tips.

**Grade Level Appropriateness:** *All*

**Audience focus:** *School Counselors & Administrators*

**Robb Killen**, *School Counselor, Currey Ingram Academy, Brentwood, TN*

### **Capturing Attention in an Attention-Deficit World**

Fill your toolbox with practical and creative activities, projects, and themes for your school. Robb shares his experiences and strategies working with students who have unique learning styles. Many of his students have ADHD, language-based learning differences, and/or deficits in executive functioning. Attendees will explore activities useful for both traditional and exceptional students. Project ideas will relate to topics such as bullying, executive function, social skills, and more; giving the attendee ideas for counseling, character education, and core curriculum lessons.

**Grade Level Appropriateness:** *All*

**Audience focus:** *School Counselors & Administrators*

**Dr. Michael Bundy**, *Assistant Professor of Counseling, Carson-Newman College, Jefferson City, TN &*

### **Graduate Students**

### **Bully Prevention: Addressing Relational Aggression Through Comprehensive School**

### **Counseling Programs**

Frustrated by students persistently hurting peers with gossiping, outing, and teasing? Given technological advancements, young people today are able to deliver mean messages 24/7 with greater intensity and frequency, which often disrupts school climate and success. Although a new Tennessee cyber-bullying law expands the authority of school administrators to address malicious electronic communications, psychoeducational approaches are more effective. This session will present current research on relational aggression. Session participants will examine classroom guidance lessons, small group counseling activities, a parent workshop model, and other prevention/intervention methods. Attendees will receive a CD of ready-to-use materials and resources.

**Grade Level Appropriateness:** *All*

**Audience focus:** *School Counselors & Administrators*

**Anna Graham**, *School Counselor, Hardin Valley Academy, Knoxville, TN*

### **Counseling LGBTQ Students – Best Practices, While Addressing Counselor Bias, and While We’re At It...Let’s Help Our Students Find a Gay Friendly College!**

When faced with counseling LGBTQ high school students some of us may feel in conflict with our own personal values. Nevertheless, our mission as professional school counselors, based on the ASCA Ethical Standards for School Counselors, is to advocate for all students, not just those with whom our personal values agree. When LGBTQ students report feeling unsafe in their own schools on any given day, how might they feel when their school counselor confirms that lack of safety and support? In this workshop we will also review and discuss as a group “best practices” for working with LGBTQ youth as well as what to look for when finding a LGBTQ friendly college/university.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors & Administrators**

**Sarah Bast**, *School Counselor, West High School, Knoxville, TN*

### **Eight Components of College and Career Readiness Counseling: A Transformative Process**

In this session, the school counselor will learn how to use the transformative process to promote equity in student outcomes when using the College Board’s National Office of the School Counselor Advocacy Eight Components of College and Career Readiness Counseling. The school counselor will learn to use the Eight Components publication as a tool to promote college and career readiness.

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Lana Craig**, *Director of Student Outreach Services, Edsouth, Knoxville, TN*

### **You’re Hired**

Whether a middle school student attending a career fair or a high school student entering the world of work, students need to be more prepared entering the work place. *You’re Hired* is a new presentation offered free to middle and high school students. Students are introduced to the basic principles of getting a job and keeping a job. Edsouth’s Student Outreach Team will discuss the details of this new presentation as well as how you can utilize this in your school.

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Mary-Claire Hill**, *School Counselor, Richard Hardy Memorial School, South Pittsburg, TN*

### **Let’s Sing About Good Character!!**

Teaching children about character can be a joy when you add music to your classroom! You don’t have to know how to sing or play an instrument...the music will teach the concepts and your students will remember them long after your lesson is over. Mary-Claire Hill has been a teacher for 23 years and a school counselor for 6 years. Come prepared to participate and leave with a list of resources to use in your classroom. Many songs are in the Michigan Model that your Coordinated School Health director can provide for you. Mrs. Hill is constantly adding to and changing her presentation, so if you’ve heard her before, come back for new stuff!

**Grade Level Appropriateness: Elementary**

**Audience focus: School Counselors**

**Monday, February 6, 2012 – 2:45 p.m. – 4:00 p.m.**

**Melissa Miller**, *School Counselor, Cumberland County High School, Crossville, TN* & **Anna Pickard**, *Freshman Academy Coordinator, Cumberland County High School, Crossville, TN*

### **Blue Bash: A Transition to High School**

Are you looking for an awesome way to encourage your rising freshmen to feel comfortable in the transition to and take immediate ownership in their new school? Perhaps you need an amazing activity that involves the students, the staff and faculty, the parents, AND the community. Studies nationwide have consistently shown that a positive ninth grade experience has a significant effect on improving graduation rates and insuring post-secondary success. Come discover what Cumberland County High School's Freshman Academy team put together this summer for 300 new ninth-graders. They have already seen a difference in the "face" of the Class of 2015.

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Dr. Russell Sabella**, *Professor of Counseling, College of Education, Florida Gulf Coast University & President, Sabella & Associates, Fort Myers, FL*

### **Helping Kids Develop a Positive Digital Reputation**

The truth is, your digital reputation is your real world reputation and it begins almost immediately. How can we help kids develop an online presence that impresses college admissions officers, military recruiters, employers, and others who make decisions about our futures? How can we combat negative content posted by others? Join Dr. Sabella to answer these questions.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Angela Hale**, *School Counselor, Hillsboro Elementary, Hillsboro, TN*

### **Are You a Bucket Filler or a Bucket Dipper?**

Based on the book entitled *Have You Filled a Bucket Today?* by Carol McCloud, this informative session will highlight ways to involve school counselors, teachers and students in an effective school-wide program to increase self-esteem. Angela will share from her experience at Hillsboro Elementary how to encourage students to be "bucket fillers" and not "bucket dippers."

**Grade Level Appropriateness: Elementary**

**Audience focus: School Counselors**

**Martha Wettemann**, *Statistical Analyst Supervisor, Tennessee Department of Labor and Workforce, Nashville, TN* & **Cathy Parker**, *Statistical Analyst, Tennessee Department of Labor and Workforce, Nashville, TN*

### **Successful Transition to Life After High School: Job Search**

The Tennessee Department of Labor and Workforce is making new tools available to improve the transition of high school students into the workforce. In January, 2012, the department, in conjunction with the governor's office, is launching the Tennessee Jobs Clearinghouse. High school juniors and seniors will find this an easy site to use in their job search and career planning. As part of the Source web site ([source.tn.gov](http://source.tn.gov)), new features will include: a user-friendly online program to create and post a resume for employers to view online, an easily customizable online job search capability, with jobs updated daily, with students able to find a list of green job openings in their area, and extensive public and private postsecondary education program listings.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors**

**Karen Moody**, *Director, Teacher Quality, Tennessee Department of Education, Nashville, TN*

### **Tennessee Electronic Learning Center – TNeLc.org**

TNeLc is the Tennessee Department of Education's initiative which provides cutting edge resources including content information, scientifically based research, education links, and learning podcasts. Resources include materials and strategies for all grade levels and subject area. The ELC is a dynamic resource which is continually updated with relevant and timely materials. The most recent additions include Teacher and Principal Evaluation video sessions, Common Core State Standards information and other professional opportunities offered through the Tennessee Department of Education. The TNeLc.org is a free resource provided through NCLB, Title II, Part A funds.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Leigh Bagwell**, *Coordinator of School Counseling Services, Metro Nashville Public Schools, Nashville, TN*

### **School Counselor Supervisor Share Session**

Come join School Counselor Supervisors from across the state as we gather to discuss the current School Counselor Evaluation and other issues impacting School Counselors. We also hope to develop a network of Supervisors/Directors across the state. This network will be a resource for all of us as we work to provide consistent and comprehensive school counseling programs throughout Tennessee.

**Grade Level Appropriateness: All**

**Audience focus: Administrators**

**Rodger Dinwiddie**, *CEO, STARS Nashville, Nashville, TN*

### **Improving School Climate through Best Practices in Bullying Prevention**

This session will explore the difficult challenge of identifying the differences between bullying and actual acts of a criminal nature. This session seeks to help define what bullying behavior is, while offering important safety precautions and empowerment techniques to assist schools and bystanders to address bullying. Topics will also include best practices for incorporating bullying prevention efforts in a comprehensive social emotional learning framework. It is particularly difficult for schools to address issues which are often unseen and unreported. For that reason this session will explore issues of appropriate school policy and recent recommendations from the Office of Civil Rights and Department of Education regarding steps to address bullying and harassment. Cyber-bullying and actions schools can take to address this growing form of aggression will be addressed as well as practical suggestions for schools to consider regarding best practices in bullying prevention.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Joanna Orr**, *School Counselor, Carter County Schools, Elizabethton, TN*, **Barbara Mareck**,

**Jonathan Minton**, *School Counselors, Carter County Schools, Elizabethton, TN* & **Denise Arnold**,

*Niswonger Foundation, Elizabethton, TN*

### **Collaborative Efforts of School Counselors to Assess and Refine School Counseling Services**

Precipitated by the new Evaluation Model, the school counselors of Carter County coordinated efforts to develop an overview of counseling programs and services. What are School Counselors doing? Who knows what School Counselors are doing? Counselors determined the need to collaborate and seek evidence of the perceptions held by students, parents, and faculty. Stakeholders were provided assessment options: computer based or paper version. Instruments were created from counseling standards for high school, middle school, and elementary school stakeholders. Analysis enabled counselors to improve delivery and services. Also highlighted will be the efforts of school counselors to integrate distance and online learning to meet students' needs for courses and rigor in the curriculum.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors**

**Sheila Skeans**, *Counselor/Lead Teacher, FastTrack Academy, Anderson County Career and Technical Center, Clinton, TN*

### **Graduation ‘R Us: Drop-Out Prevention That Works!**

Are you tired of saying “no” to students who want to “catch up” and graduate on time? Are you weary of having your heart broken when yet another student turns 18 and drops out? Are you trying to increase your graduation rates to meet state requirements? FastTrack Academy is a highly successful drop-out prevention program (94.4% success rate last year) that offers at-risk students a second chance to graduate on time. This session will focus on the nuts and bolts of the program as well as case studies of “typical” students. Forms and program management information will be made available.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors & Administrators**

**Michele Daniel**, *Project Coordinator, Tennessee Lives Counts/Mental Health America of Middle Tennessee, Nashville, TN* & **Stephanie Chadwell**, *Trainer and Postvention Specialist, Tennessee Lives Counts/Mental Health America of Middle Tennessee, Nashville, TN*

### **Suicide Prevention Among LGBT Youth: A Workshop for Professionals Who Serve Youth (SPRC, 2011)**

The goal of this workshop is to build the capacity of schools to identify and respond to the needs of LGBT youth and ultimately reduce the number of suicides within this population. Studies show that LGBT youth, as a group, experience more suicidal behavior than other youth, with 1.5 to 3 times higher reports of suicidal ideation and 1.5 to 7 times higher reports of attempting suicide (SPRC, 2008). Typically, many community members and the providers that work with LGBT youth do not have the information they need to understand LGBT risk for suicidal behavior, issues unique for these youth, nor the cultural effectiveness to serve them. Our mission is to bridge this gap and provide professionals with information, strategies and knowledge to effectively address this issue in their schools.

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Linda Treadwell**, *School Counselor, Farragut Middle School, Knoxville, TN*

### **Hey Middle Schoolers! Let’s Get Organized**

This presentation will be helpful in assisting students new to middle school in getting organized. With the use of tools such as: the binder, the study buddy, the teacher, the class notes, and establishing good study habits, a middle schooler can GET ORGANIZED! Come and learn all the details that may help you to help your students get organized.

**Grade Level Appropriateness: Middle**

**Audience focus: School Counselors**

**Mary-Claire Hill**, *School Counselor, Richard Hardy Memorial School, South Pittsburg, TN*

### **Let’s Sing About Good Character!!**

Teaching children about character can be a joy when you add music to your classroom! You don’t have to know how to sing or play an instrument...the music will teach the concepts and your students will remember them long after your lesson is over. Mary-Claire Hill has been a teacher for 23 years and a school counselor for 6 years. Come prepared to participate and leave with a list of resources to use in your classroom. Many songs are in the Michigan Model that your Coordinated School Health director can provide for you. Mrs. Hill is constantly adding to and changing her presentation, so if you’ve heard her before, come back for new stuff!

**Grade Level Appropriateness: Elementary**

**Audience focus: School Counselors**

**Tuesday, February 7, 2012 – 8:00 a.m. – 9:15 a.m.**

**Gayle Feltner**, *Transition Consultant, Special Education, Tennessee Department of Education, Nashville, TN*  
**& Heather Justice**, *Special Projects Coordinator, Tennessee Department of Education, Nashville, TN*

**Quest for Career Success: Guidance and Support for Youth with Learning Disabilities**

This session will focus on ways we can best support youth with learning disabilities. In order for students with learning disabilities to be successful in the workforce, there must be a strong emphasis on developing skills (especially soft skills) and competencies linked to a focused program of study. Come learn how to develop successful attributes of transition-age youth with diagnosed and undiagnosed learning disabilities using available research-based information. See how matching job fit with a program of study will enable youth with learning disabilities to successfully transition into the workplace.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors & Administrators**

**Kathy Lutes**, *Assistant Vice President for Counseling and Educational Support, Chattanooga State Community College, Chattanooga, TN*, **Janet Norman**, *Assistant Director, Disabled Student Services, Middle Tennessee State University, Murfreesboro, TN* & **Michelle Rigler**, *Director, Office for Students with Disabilities, University of Tennessee at Chattanooga, Chattanooga, TN*

**Moving On Up: Transition of Students with Disabilities to Postsecondary Education**

Students with disabilities are often overlooked when high school counselors begin preparing their students for college. This session will provide tools to counselors that will enable them to provide appropriate and timely information to this group of students who will be transitioning to postsecondary education. Information on the differences between high school and college (including the legal differences); social, personal, and academic skills needed to be successful in making this transition; and a list of Tennessee postsecondary disability service providers will be included with workshop materials.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors & Administrators**

**Leslie Brasfield**, *Coordinated School Health, Coffee County*, **Kim Aaron**, *Principal, North Coffee Elementary, Coffee County Schools*, **Traci McCoy**, *Principal, Hillsboro Elementary, Coffee County Schools*, **Elizabeth Price, Angela Hale & Morgan Barnett**, *School Counselors, Coffee County Schools* & **Kristy Thomas**, *MA Team Leader, Bedford County School Based Services, Centerstone*

**Providing a Seamless Support System to Student and Families with Mental Health Needs within the School Setting**

The session will cover the process from establishment of a mental health team to adoption of the TBOE Mental Health Standards & Guidelines to implementation of school based services utilizing collaboration with a provider from an outside agency. A panel of partners including administrators, CSH, school counselors, and a Centerstone counselor will be available to answer questions.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Julia Cook**, *Former School Guidance Counselor, Award Winning Author, Speaker, Fremont, NE*

### **Books That Make a Positive Difference**

Julia Cook leads an entertaining discussion on the use of storybooks to offer children and adults a fun way to learn important people skills. Teach your students to become life-long problem solvers! Julia will demonstrate humorous and effective ways to use books on such subjects as anger control, grief, following instructions, tattling, bullying, personal space, interrupting, and personal safety. The writing and publishing process will also be explained - learn to become a published author!

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Doug Muha**, *School Counselor, Waverly Elementary School, Waverly, TN & Visiting Faculty, DeVry University*

### **The Elephant in the Family Systems' Living Room**

School counselors and administrators face an uphill battle in helping develop high functioning individuals if the families the students come from are dysfunctional. We also need to realize that families will have difficulty becoming fully functional if the society they are imbedded in is dysfunctional. In some regards, contemporary society is dysfunctional. Our role here, as it is in individual therapy, is not to attempt to impose a solution, but rather to ask the right questions. In this way, they may perceive the heart of their issues and arrive at their own solution. Come learn some questions we should be asking and why we should be asking them.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Mandy Schneitman**, *Director of Student Support Services, Jefferson County Schools, Dandridge, TN,*

**Lindsey Mclemore & Carrie Trent**, *School Counselors, Jefferson County Schools, Dandridge, TN*

### **Solid Rock Counselor or Exceptional? Practical Strategies and Tools Counselors Can Use for Showing Evidence of Services with the New Evaluation Process**

With the new Delivery of Service Model for counselor evaluations in Tennessee, counselors are searching for methods to demonstrate how they excel in providing services to all stakeholders. Jefferson County school counselors are applying effective, useful tools showing evidence of our programs and services to administrators. Using the framework from the TN Model for School Counseling and ASCA, we will share organizational strategies and practical tools which can be applied by any counselor to visually show your comprehensive counseling services within a school, alignment of standards with lesson plans, and strategies for analysis.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Matthew Barker**, *Training and Outreach Specialist, Tennessee Higher Education Commission, Nashville, TN*

### **Helping Students Succeed Using CollegeforTN.org**

Come learn about CollegeforTN.org, the online, one-stop shop for high school, career, college, and financial aid planning in Tennessee. By creating a free account on CollegeforTN.org, students and their parents can create high school academic plans, complete career assessments, explore Tennessee postsecondary institutions, apply for admission and research financial aid opportunities. Additionally, educators have access to a Professional Center, which provides the tools needed to manage students through customizable report building, milestone tracking and other management tools. CollegeforTN.org is the premier one-stop shop for educational planning in Tennessee.

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Janet Swandol**, *Senior Educational Manager, K-12, The College Board, Tallahassee, FL*

### **Steps to Increase and Support AP Participation and Success**

Research indicates that AP is a powerful tool that prepares students for college success. However, there is a gap between the number of students with college aspirations and the number of students actually completing rigorous high school courses. This session will identify strategies to create a successful and stable AP Program using effective practices and provide school counselors the skills and knowledge necessary for promoting equitable participation and performance of underserved students in the AP Program. School counselors will learn to examine AP data, build a culture that supports the growth of an AP Program, and apply problem-solving strategies to generate best practice interventions.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors & Administrators**

**Rodger Dinwiddie**, *CEO, STARS Nashville, Nashville, TN*

### **Best Practices for Intervening in Bullying Situations**

This session will provide an opportunity for participants to investigate appropriate strategies for intervening in bullying situations. The complexity of identifying meaningful consequences for those children who bully others will be discussed, as well as the difficulty in identifying whether a specific act is bullying or peer conflict. Strategies for addressing those who are involved in bullying others, those who are bullied by others and the important role of empowering bystanders will be addressed. Group discussion, as well as practical application of strategies utilizing a reflection process via video vignettes will be incorporated to better help participants address bullying and aggressive behaviors.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Dr. JoAnne Owens-Nauslar**, *Vice President for Partnerships, The GeoMotion Group, Orlando State, FL*

### **Manners, Music, Movement: Move to Improve**

This session will review the brain science and physical activity research with, and emphasis on, strategies and programming ideas; examples, ideas, and strategies to put excitement and achievement back into the critical core day. Learn that attitude determines altitude. Take this opportunity to laugh, learn, and share during this fun filled session. Math, Music, and Manners all through movement; ideas and strategies that will give students, staff, and employees a yearn to learn!

**Grade Level Appropriateness: Elementary**

**Audience focus: School Counselors & Administrators**

**Jan Bushing**, *Director, School-Based Support Services, Tennessee Department of Education, Nashville, TN*  
& **Connie Casha**, *Director, Early Childhood Education, Tennessee Department of Education, Nashville, TN*

### **Toolkits for Teachers, Family and Community: [www.readtennessee.org](http://www.readtennessee.org)**

The workshop will introduce and explore the website [www.readtennessee.org](http://www.readtennessee.org) developed by the Tennessee Department of Education in partnership with Center for Literacy Studies at The University of Tennessee. The goal of the comprehensive website is to help Pre-K through 3rd grade teachers, parents, and community members understand new curriculum standards and increased expectations for learning in reading and mathematics. *Read Tennessee* provides an easy to navigate resource for teachers, families and community members to utilize in the classroom and at home. Each section compiles information, activities, and tools to help inspire young children to engage and develop early grades reading and learning skills. These tools will help teachers create more challenging lessons, guide parents and guardians in better understanding of what their child might be learning and doing at different stages of his/her development, and encourage community members to get informed and get involved in motivating our children towards successful futures.

**Grade Level Appropriateness: Elementary**

**Audience focus: School Counselors & Administrators**

**Callie Wise**, *TCIDS Program Coordinator, Tennessee Board of Regents, Nashville, TN*

### **TCIDS Career Video Project: Transforming How Students View Jobs**

The TCIDS (Tennessee Career Information Delivery System) website embodies the belief that education at all levels is constantly happening, and that everything we do adds to our knowledge base. The TCIDS site not only will boast a new, fresh look for the new year, but it also officially launches its TN Career Video project for the public. In cooperation with the TTCs across Tennessee, TCIDS has developed an interactive series of videos, targeting high demand Tennessee careers, for educators to address career education in the curriculum by seamlessly integrating our career videos with classroom lesson plans.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Tuesday, February 7, 2012 – 9:30 a.m. – 10:45 a.m.**

**Dr. Don Schmidt**, *Project Consultant, Battelle for Kids, Columbus, OH*

### **Using Value-Added Information to Project Student Performance**

Ohio Value-Added High Schools is a three-year pilot initiative that enables high schools to benefit from providing value-added information, including projections to ACT outcomes, to counselors, administrators and teachers. This information allows educators to more accurately project student course placement—and prepare to have informed conversations with parents and students about student performance. Discover how the 44 participating high schools are experiencing dramatic results and significantly outperforming the average ACT score in Ohio and nationally. Plus, representatives from Tennessee schools will share how they are accessing and using this projection data to make curriculum decisions and provide professional development.

**Grade Level Appropriateness: High**

**Audience focus: School Counselors & Administrators**

**Scott Ridgway**, *Executive Director, Tennessee Suicide Prevention Network, Nashville, TN*

### **Responding to a Suicide Attempt or Death at School or in the Community**

When it comes to suicides and suicide attempts, schools need to have a customized action plan ready *before* something happens, not *after*. Faculty will be needed to help their students confront and accept the reality of the incident. This presentation will teach school faculty and staff how to help students cope while preventing additional attempts in the aftermath. Special emphasis is given on the objectives of grief counseling and major risk factors for suicide attempts. Participants will also receive guidelines for memorials and funerals for the deceased, as well as recommendations for fielding media inquiries.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Danielle Kahane-Kaminsky**, *Executive Director, Tennessee Holocaust Commission, Nashville, TN*

### **The Power of Responsibility During the Holocaust and in the Age of Genocide**

Participants will discuss different perpetrators and their responsibility in the Holocaust. Working together participants will clarify terms on a Likert-type scale and rank Holocaust perpetrator responsibility. The activity will conclude with a writing activity based on the following quote by Holocaust Survivor Alexander Kimel—“Accepting of responsibility makes for better society. So, what must I do to make things better for people now and in the future? Is mere acknowledgement of a wrong and guilt with an expression of sorrow sufficient or is there more?”

**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Dale Sadler**, *School Counselor, Author, Portland East Middle School, Portland, TN*

### **The Emotional Effects of Video Games on Boys**

Ever wonder why boys aren't particularly interested in much until it comes to their video games? The average boy spends more than thirteen hours a week playing, and it has been proven that video games release dopamine (the pleasure chemical of the brain) in much the same way drugs release it. There is a correlation between boys who play all night, care little about their grades, and are content to live with their parents well into adulthood. In this session, Dale will explain the deeply rooted emotional effects video games have on boys and why apathy is more than just a phase.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Kandy Smith**, *Middle Tennessee Project Director, Tennessee State Personnel Development Grant, University of Tennessee Knoxville, Knoxville, TN*

### **The School Counselor's Role in Academic Achievement**

This presentation will focus on the current research concerning the academic benefits that can be attributed to the school counselor. While there is more research concerning the work of elementary school counselors, there is also research that is applicable to secondary. Social capital (the relationships of the adults in the school building) has recently been found to be a major component of student academic achievement. This presentation will offer a discussion of social capital and human capital, a discussion that includes best practices in collaboration.

**Grade Level Appropriateness: All**

**Audience focus: School Counselors & Administrators**

**Dr. Ryan Otter**, *Assistant Professor, Department of Biology, Middle Tennessee State University, Murfreesboro, TN*

### **Practical Advice for College Bound Students**

Each year 3,000,000 freshmen enroll in college, and less than 50% will graduate within six years. A major reason for this extremely low graduation rate is the unrealistic expectations students have of what college is going to be like. This session is designed to address inaccurate college expectations and provide practical advice that students (and counselors) can use to maximize their college years. Topics to be addressed include strategies for picking the right career and major, how to best schedule college courses, and how to best interact with professors.

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**Grade Level Appropriateness: Middle/High**

**Audience focus: School Counselors & Administrators**

**Janet Swandol**, *Senior Educational Manager, K-12, The College Board, Tallahassee, FL*

### **The College Board's College and Career Readiness Pathway**

How do you know students are on the path to be prepared for college-level work? How can you make sure more students are AP and college-ready? This session is for anyone who wants to learn about how ReadStep, PSAT, and SAT work together to help schools and districts identify and close achievement gaps to ensure all students graduate ready for the rigors of college. Learn how your district can access state-funding for these assessments and receive the many free tools and resources available to your students and teachers.

**Grade Level Appropriateness: Middle/High**

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**Grade Level Appropriateness: Elementary**

**Audience focus: School Counselors & Administrators**

**Paulette Crews**, *Field Trainer, Tennessee College & Career Planning System/Kuder, Inc., Adel, IA*

**Tennessee College & Career Planning System: New and Improved**

This workshop will show how middle school and high school students can easily meet the new graduation requirements, and how counselors can cover their Career Development and Academic Achievement domains. New tools such as the enhanced career planning time line, high demand and green jobs, and lifelong e-portfolio enhance the education and career planning process. The updated system also allows counselors and educators to monitor their students' use of the system like never before! New reports allow for better guidance of student academic and career choices. With the use of the system, students will have the tools they need to become successful!

***Grade Level Appropriateness: Middle/High***

***Audience focus: School Counselors & Administrators***