

# Personal Space Camp

3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th



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Practical Guidance Resources  
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## A Note To Educators

Personal Space is a concept that is confusing and difficult for some people (of all ages) to grasp. Everything in space needs its own space to function. The amount of personal space needed seems to be forever changing depending upon the circumstances. For a person to be at their best in any situation, they must have an adequate amount of personal space.

When students inappropriately or unknowingly invade the personal space of others, learning is often compromised. Personal space invasion is a learned behavior and can be unlearned through communication and personal experience.

This workbook is designed to offer teachers and students hands on activities that explore the concept of personal space. Students will gain a better understanding of what personal space is, and why it is so important.

I hope you enjoy doing these activities with your students as much as I have enjoyed creating them.

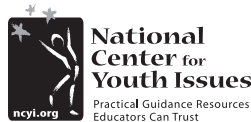
BEST!

Julia Cook

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Summary: A supplementary teacher's guide for *Personal Space Camp*.  
Full of discussion questions and exercises to share with students.

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While students are out for recess, push all of their chairs and desks together in a clump in the middle of your classroom. Make it so sitting at their desks becomes next to impossible. Have them enter the room and attempt to sit in their seats. Stress the importance of how personal space is necessary to feel comfortable at school.

This activity can be repeated by having students sit any way they want to on the carpet. Some may lie down or sit very close to others. Discuss the importance of having enough personal space to do your very best.

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Have students use large pieces of chart paper to draw, create and color their own personal space mat. This can be in the shape of their favorite planet, or you can let them choose their own shape. Cut out each mat and if possible, laminate it. Have students use their Space Places to help them define their own personal boundaries for work time. Space Place Mats give students a visual that can help them work independently and in their own space. They can be placed on the floor and serve as mats for the student to sit on or students can place their desks and chairs on top of them.



