

Follow-up Activities

- As a math project, research statistics of abductions due to cyber bullying.
- As a history project, trace the history of internet usage and abuse over the past 10 years.
- Research the topic of “cyber bullying” and report the findings to the class in report form.
- As a science project, conduct a scientific investigation with the hypothesis as: the majority of internet cyber bullying occurs during the middle school years.
- As an English project, write individual personal endings to INBOX.
- Conduct a mock trial for Amanda’s misdeed.
- Have a debate. One side arguing that Amanda was justified and the other saying she was not with supportive information to support the arguments.
- Generate a list of rules on cyber bullying for students in the school.
- Write an article for the local newspaper with the topic of bullying on the Internet.
- Talk to local legislators about future laws on the issue of cyber bullying.

Abduction Statistics

Every 40 seconds a child is found to be missing or abducted in this country. The National Center for Missing and Exploited Children say strangers kidnap about 300 children a year in the United States.

Cyber bullying Safety Information

- Never give out or share personal information numbers (PIN), etc.
- Don’t believe everything you read.
- If someone treats you rude or mean online, do not respond.
- Never send e-mails to others when you are angry.
- Never open a message from someone you do not know.
- If it doesn’t “feel right,” it probably isn’t.
- If you are a victim, do not keep it to yourself. Tell an adult you know and trust.
- Do not reply to messages from cyber bullies.
- Do not erase or delete messages from cyber bullies. Keep them as evidence.
- Don’t be ashamed. It is not your fault.

Resources

For information on bullying workshops or to purchase additional copies please contact National Center for Youth Issues at 1-800-477-8277 or visit our website at www.ncyi.org

INBOX

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INBOX

Study Guide



National Center for Youth Issues

Practical Guidance Resources
Educators Can Trust

P. O. Box 22185
Chattanooga, TN 37422-2185
1-800-477-8277
www.ncyi.org

Summary of INBOX

Susan is a pretty girl who catches the eye of the popular, athletic Scottie. Amanda, Scottie's current girlfriend, is a spoiled, vindictive girl who starts sending creepy e-mails to terrorize Susan. At the same time, the students learn of a girl in a neighboring town who is abducted and whose abduction began with threatening e-mails. The movie starts off as a puppy-dog romance; however, within a few minutes, it switches to a very serious chain of events.

Overall Goal

Viewing this video will assist educators in educating the young people today about the growing problem of cyber bullying through the use of the Internet, child abduction and relational aggression.

Objectives

- To arm students with critical life-saving information.
- To make children aware of the dangers of internet bullying.
- To educate children regarding the dangers of "joking around" through the use of e-mail and instant messaging (IM).

Student Preparation

Provide a description of what bullying is and how it also relates to cyber bullying.

Questions for Students Before Viewing INBOX

- How many of you have ever received a mean or threatening e-mail or IM?
- If so, did you tell anyone? Who?
- Have you ever received e-mails or IM's from someone you did not know?
- Did you respond to them? Why? Or why not?
- What would you do if you knew a friend of yours was sending threatening anonymous e-mails or IM's to someone?
- What is your theory about why people send bad messages via the internet?
- How would you propose that this type of "bullying" be stopped?

Explain the definition of cyber bullying:

Cyber bullying may be defined as:

..... involving the use of information and communication technologies such as e-mail, cell phone and pager text messages, instant messaging (IM), defamatory personal Web sites, and defamatory online personal polling Web sites, to support deliberate, repeated, and hostile behavior by an individual or group, that is intended to harm others.

Bill Belsey-www.bullying.org

Show Film (approximately 25 minutes); you may want to allow the extended credits at the end to play. This will allow students time to reflect on their own feelings about the film.

Following The Presentation of INBOX:

Immediately following the video, give the students "silent" time for at least one to two minutes to allow them to fully process the impact of the film.

Sample Questions for Students Following Viewing of INBOX

- What are one or two words to describe your feelings about this film?
- Have you ever been frightened like Susan was from a message being sent to you via e-mail or through an IM?
- What would you guess are the reasons why Susan decided to threaten Amanda through the Internet?
- How can "just teasing" your friends this way be dangerous?
- What do you think would have happened if Susan had told her parents what was being e-mailed to her?
- What do you think should happen to Amanda for what she did?
- If you were one of Susan's friends, what action would you take considering what happened to your friend?
- If you were to write a conclusion to this film, how would you have it end?