

# What's Best For Me

By Ken Smith



Sometimes I get angry  
When things don't go my way,  
But to get real mad  
And make things worse,  
That's not  
What's best for me.



When I don't get what I want  
And when I make mistakes,  
I can get frustrated  
And it can get to me.



Sometimes I get angry  
When things don't go my way,  
But to get real mad  
And make things worse,  
That's not  
What's best for me.



When I don't want to do a chore  
And I get in trouble,  
I can't have what my friends have  
And it can get to me.



Sometimes I get angry  
When things don't go my way,  
But to get real mad  
And make things worse,  
That's not  
What's best for me.

